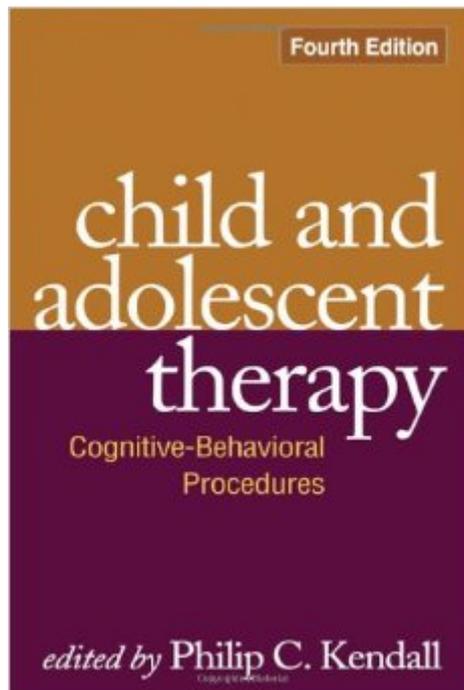


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# Child And Adolescent Therapy, Fourth Edition: Cognitive-Behavioral Procedures



## Synopsis

Widely regarded as the definitive clinical reference and text in the field, this authoritative volume presents effective cognitive-behavioral approaches for treating frequently encountered child and adolescent disorders. The editor and contributors are leading experts who provide hands-on, how-to-do-it descriptions illustrated with clinical examples. Relevant theories and research findings are explained, and exemplary treatment manuals and client workbooks reviewed. Coverage encompasses evidence-based treatments for aggression, attention-deficit/hyperactivity disorder, anxiety disorders, depression and suicidality, obsessive-compulsive disorder, eating disorders, and trauma. Ways to involve parents in treatment are addressed throughout. **New to This Edition**\*Presents advances in conceptualizing and treating specific clinical problems.\*Up-to-date information on treatment manuals and outcome research.\*Chapters on additional therapies: modular treatments, dialectical behavior therapy, and mindfulness-based interventions.

## Book Information

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## Customer Reviews

Must have book for anyone who treats children! it has everything you could need - nomothetic conceptualizations and treatment plans that you can then make client specific. A wealth of information and a gift for clinicians!

Awesome book for anyone in field. Or great for someone interested in field to gain insight before classes or just as a refresher.

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